

Training on Multi-sector Nutrition Plan (MSNP) and Planning

Brief Training Report



National Nutrition and Food Security Secretariat (NNFSS)
National Planning Commission
Nepal

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1. Background

The Government of Nepal has accelerated the momentum for the implementation of the Multi-sector Nutrition Plan (MSNP) with several central, regional and districts efforts. More specifically, capacity development initiatives at central, regional and district levels as well as the budget allocation for MSNP districts. Simultaneously, development partners are investing resources to support several interventions in line with MSNP. National and sub-national coordination architectures have been established to provide a solid platform for collaboration and coordination at all levels. Overall, a high momentum exists at present in Nepal for an effective implementation of the MSNP.

This is an important period to accelerate the district and community level implementation of the MSNP in the districts. Supporting this necessity of the effective implementation, capacity development of the various multi-sector cadres is crucial. Hence, an event of training on MSNP and Planning for the new sector focal persons and trainers from the sectoral training centers/academies for enhancing knowledge and skills on MSNP/planning, effective coordination, planning and implementation, mutual learning as well as experience sharing was considered necessary.

National Nutrition and Food Security Secretariat (NNFSS) with the guidance and support from NPCS organized a 3-day training on MSNP to enhance knowledge, skills and understanding for strengthening the multi sector coordination and implementation of the MSNP.

2. Objectives

The objectives of the three-day training were:

- To establish a trainers' pool for MSNP at national, regional, district and community level
- Train focal persons of sector ministries and sectoral training centers on Nutrition and MNSP
- Develop capacity of focal persons of sector ministries in planning and inclusion of nutrition and food security agenda in the local planning process.



3. Participants

The training was attended by 27 participants from sector ministries, departments and training centers / academy, with 6 representatives of regional/sub-regional health training centers. The health training centers represented all development regions. The other participants were from National Planning Commission (NPC) and Nepal Administrative Staff College. List of participants is given in an *annex 2a*.

4. Training Proceedings

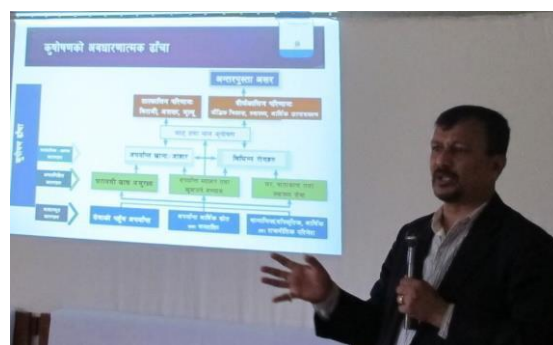
4.1. Opening session



wished for a fruitful and successful training.

Mr. Bishnu Prasad Nepal, Joint Secretary and Member Secretary of National Nutrition and Food Security Coordination Committee presented the framework of Multi-sector Nutrition Plan (MSNP) as well as establishment of the National Nutrition architecture at national and sub-national levels. He also focused on the MSNP Goal, Outcomes and Outputs.

The three-day training started with **the welcoming and sharing of objectives by Dr. Ingo Neu, NNFSS / NPC**. It was **formally opened by Joint Secretary of the NPC Mr. Pushpa Lal Shakya**. Mr. Shakya highlighted that Nepal has made an advanced as well as unique progress in terms of high-level commitment for nutrition. He focused on the importance of multi-sector approach in reducing malnutrition problem in the country. He



4.2. Technical Session

It started by a brief presentation on the MSNP followed by relevance of sectors and social protection. After the discussion of MSNP, basics of food, diet, nutrition, malnutrition and nutrition interventions were discussed with the presentation made by senior professors and government officials from NPC and sectors (**facilitators list is attached in annex 2b**).

The technical session covered the following areas/topics (*schedule is attached in annex 1*):

- Rationale of MSNP in reference to NAGA, global data and other sectors role and efforts in reducing malnutrition; Multi-sector Nutrition Plan (MSNP), its development process, architecture and update; Role and relevance of various sectors in MSNP; Social protection and nutrition
- Basic concept on food, diet, nutrition and malnutrition (under and over nutrition); Malnutrition conceptual framework
- Nutrition specific and nutrition sensitive intervention; How to promote locally produced and available food consumption in the reduction of malnutrition
- National Nutrition policy and strategy; adhere MSNP and Multi-sector Advocacy and Communication Strategy at district and community level
- Sector overview, plan, policies and updates
- Nutrition Situation Analysis at national & local level; Mainstreaming nutrition at VDC & district planning – How, When, Where, Who
- Participatory Local Planning (14 steps); plan, planning, and multi-sector nutrition planning

- h. Role of academia and civil societies in MSNP
- i. Nutrition in emergencies
- j. Monitoring and evaluation, tools used for MSNP Planning and Role of trained HR in capacity development, local planning, M & E and dissemination
- k. Tips for Facilitation and Planning Skills

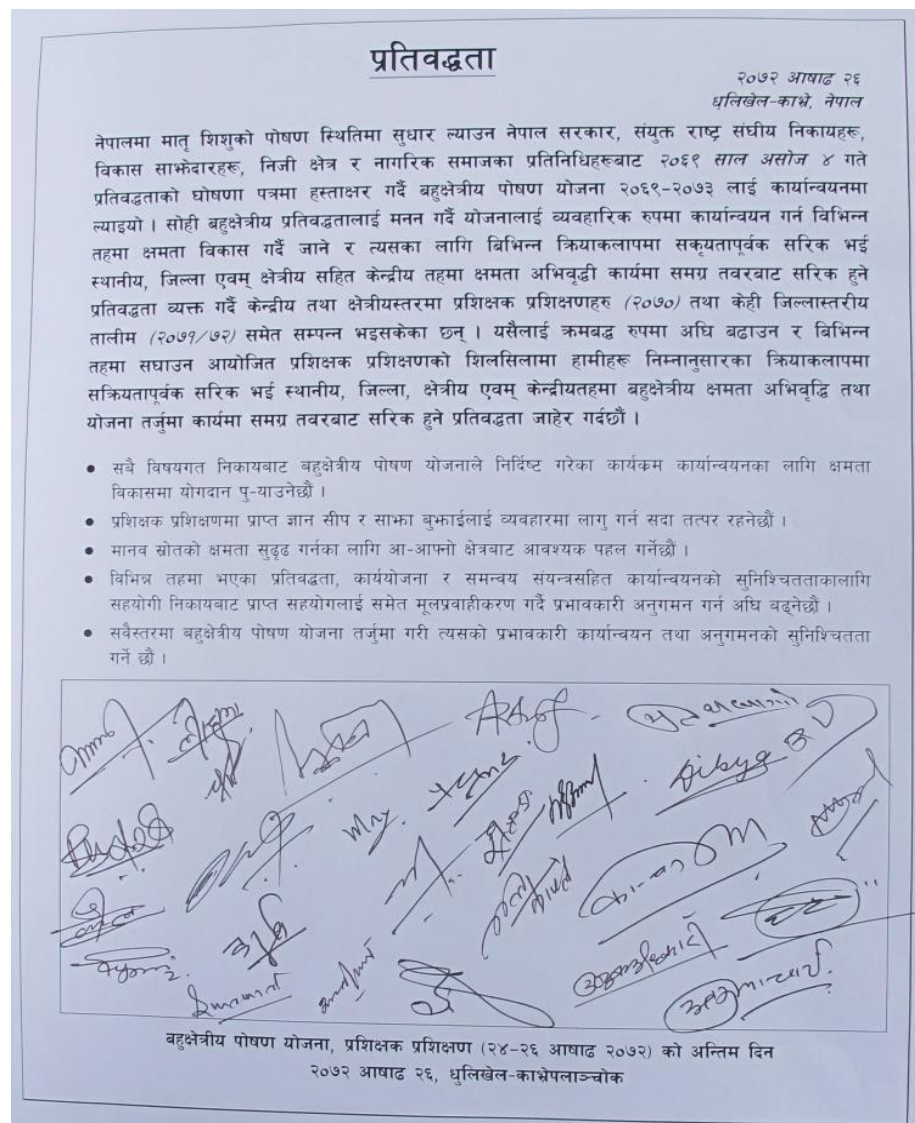
All the technical sessions were conducted in the participatory **method** using lecture, question and answer, group discussion and presentation.

4.3. Commitment

At the end of the training, all the participants expressed their commitment to contribute in the effective implementation of the

multi-sector nutrition plan (MSNP) at different level. They have committed the following points for the coming days.

- Contribute in the sectoral capacity building for the implementation of the activities outlined in the MSNP
- Apply the knowledge, skills and understandings acquired in the training in practice.
- Initiate for the strengthening of human resources development from the sector in multi-sector way.
- Monitor & mainstream the support from partners according to the commitment, action plan and coordination mechanism at different level.



- Ensure effective implementation and monitoring of the multi-sector nutrition plan at all levels.

4.4. Evaluation

An evaluation of the training was done by the participants to give feedback to the organizers and facilitators. According to the responses received from the participants, the training went well as most of the participants rated it as “good” and “excellent”.

Evaluation summary is given in *annex 3*.



4.5. Closing

The training was given high importance by the National Planning Commission Secretariat. The Secretary and most of the Joint Secretaries along with the Programme Directors and Finance Controller came to the training and encouraged the participants and facilitators.

In the closing session, a representative from the participants announced their commitment in writing (as mentioned above). Another participant shared her experiences and summarized the training.

Mr. Bishnu Prasad Nepal, Joint Secretary and Member Secretary of National Nutrition and Food Security Coordination Committee gave a brief thanking remarks. He highlighted the importance of the training and the role of contributors who had a vital role for the successful completion of the training.

The training was formally closed by Mr. Sharada Prasad Trital, Secretary, NPC and Member Secretary of the High Level Nutrition and Food Security Steering Committee. He congratulated all the graduated participants and appreciated the effort of the NPCS staff, sectors focal persons and NNFSS for the management of the important event to develop a trainer’s pool. This will help the effective implementation of the MSNP in favor of women and children focusing on the pregnant and lactating mothers as well as children under five years of age.



5. Conclusions and Next Steps

Overall, the training completed successfully with active participation of all the participants. It was the first effort to bring the central and regional level trainers and central level focal persons to participate in the pertinent training to strengthen multi-sector coordination, planning and implementation as per the requirement of MSNP.

The overall observations and feedback of the training was shared by a participant representative. Post training Commitment was made by the participants that was widely appreciated. NPC/NNFSS plans to further review the outcomes of the training to identify priorities for action. The training outcomes and feedback from the participants will be discussed in the coming **Capacity Development Working Group (CD-WG) meeting** and with the **respective facilitators** through the brief training report.

Annex 1: Training schedule

Tentative training schedule

Time / Day	Day 1	Day 2	Day 3
07:30	Breakfast and Registration	Breakfast and review of day 1	Breakfast / review of day 2
08:30	Opening with Multi-sector Nutrition Approach – <i>(PL Shakya, Jt.Secretary, NPCS)</i> MSNP Framework: Goal, Outcomes and Outputs <i>(BP Nepal, Jt.Secretary, NPCS)</i>	Overview of Sectors, its plan & key roles in MSNP • Water & Sanitation (HPT) • Agriculture Development (ND) • Local Gov (IRP) <i>(Respective focal persons)</i>	• Nutrition Situation Analysis at national & local level • Mainstreaming nutrition at VDC & district planning – How, When, Where, Who <i>(KD Ghimire)</i>
10:30	Tea/ Coffee	Tea/ Coffee	Tea/ Coffee
11:00	• Multi-sector approach in reference to NAGA and Relevance and coordination of different sectors for nutrition <i>(RKP)</i> • Social Protection and Nutrition <i>(SK)</i>	Overview of Sectors, its plan & key roles in MSNP • Education • Information & Com • Women, children and social welfare <i>(This session was not held due to the technical problem)</i>	• MSNP Monitoring and Evaluation • Tools used for MSNP Planning • Role of trained HR in capacity development, local planning, M & E and dissemination <i>(S Rijal/K Yadav)</i>
12:30	Lunch	Lunch	Lunch
13:30	Basic Nutrition: • Food, diet and nutrition • Malnutrition & its classification • Conceptual framework and Life cycle approach <i>(Prof. Dr. MD Devkota)</i>	Tips for Facilitation and Planning Skills <i>(Achyut Lamichhane)</i>	Role of Academia and Civil Society in MSNP <i>(Prof. Dr. U Koirala)</i>
14:30	Nutrition Interventions: Nutrition specific and Nutrition sensitive interventions <i>(Prof. Dr. RK Adhikari)</i>	• Participatory Local Planning (14 steps) • Plan, planning, and multi-sector nutrition planning <i>(IRP-MoFALD)</i>	• Nutrition in Emergencies • Role of various sectors in addressing nutrition issue in emergencies <i>(A Sharma)</i>
15:30	Tea/ Coffee	Tea/ Coffee	Tea/ Coffee
16:00 – 17:00	• Nutrition – Policy & strategy and gaps / challenges • Institutional arrangement for health sector and ongoing program <i>(GR Subedi)</i>	Global/National MS initiatives overview • SUN • REACH • Golden 1000 days • Various projects <i>(P Dahal)</i>	• Evaluation • Review of day 3 • Commitments • Certification and • Closing <i>(NPCS)</i>
Remarks	Facilitators Meeting and planning for the next day		Departure from Dhulikhel

Annex 2: List of Participants and Resource Persons/Facilitators

a. Participants

SN	Name	Designation	Office	Email Address	Contact #
1	Uttam Acharya	Technical Coord	CHD	uttamozan@gmail.com	9851174680
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Admin/Finance

27. Gobinda Paudel, NPCS
28. Mani Tamang, NNFSS
29. Sagar Shrestha, NNFSS

Annex 3: Evaluation Summary

Level of Satisfaction	Excellent	Good	Fair	Satisfactory	Poor
1. Subjects					
Multi-sector nutrition approach	18	9			
MSNP Framework: Goal, Outcome and outputs	12	15			
Multi-sector approach and its linkages with the other sectors	13	12	2		
Social Protection and Nutrition	13	12	2		
Basic nutrition concept and importance of food, diet and nutrition	13	12	2		
Nutrition interventions- sensitive and specific	11	15	1		
Nutrition policy and strategies, gaps and challenges	8	17	2		
Sector's overview, plans & key roles of sector					
• Health	10	15	2		
• Education	NA	NA	NA	NA	NA
• WASH	10	16	1		
• Agriculture	8	18	1		
• Local Governance	9	17	1		
• Women, children & social welfare	NA	NA	NA	NA	NA
Tips for Facilitation and Presentation Skills	15	10	2		
Participatory local planning process (14 steps) including the plan, planning and multi-sector nutrition planning	12	13	2		
Global/National MS initiatives overview (SUN, REACH, Golden 1000 days, Various projects)	10	15	2		
National Nutrition situation analysis	7	14	6		
Mainstreaming nutrition at VDC & district planning – How, When, Where, Who	4	18	5		
MSNP Monitoring and Evaluation (M&E)	5	15	7		
Tools for MSNP Planning	5	10	12		
Role of trained HR in capacity development, local planning, M & E and dissemination	6	15	6		
Role of Academia and Civil Society in MSNP	4	14	8	1	

Nutrition in Emergencies and role of various sectors in addressing nutrition issue in emergencies	14	9	4		
2. The training method applied					
- Theory inputs	11	16			
- Action learning	2	18	4	2	1
- Group work	3	9	9	4	2
- Overall teaching learning methods	4	14	8	1	
3. Facilitators/trainers	9	18			
4. Organization: venue, logistics, food, etc.	13	13	1		
5. Overall Management	10	16	1		
6. What should be changed?					
<ul style="list-style-type: none"> • Lengthy theoretical delivers should be minimized & repetition should be minimized • Group discussions, and participatory involvement should be encouraged and given priority • A chapter on food and feeding habit at the local level • The training should be increased from 3 to 4 or 5 days • Contents should be familiar with the Nepalese concerns more than other countries • The hall must be bit different 					
7. What should be added?					
<ul style="list-style-type: none"> • More discussion sessions, group works and presentation, with practical sessions • Basic concept of nutrition • PRA (Participatory Approach is necessary) • More technical issues of nutrition • M&E importance and role with exercise • Nutritional importance of locally available food in the community, nutrient rich food • Ownerships of line ministries should be clearly added for clarity • Implementation mechanism, funding/ fund flow mechanism • translate MSNP as a plan to programs and projects • Different committee should be formed in relation to MSNP in ward level of community 					
8. What should be left out or reduced?					
<ul style="list-style-type: none"> • Duration of Lectures should be reduced • Power point presentations should have less with brief points • Junk food 					

9. What is the major learning from this course?

- MSNP and its importance -- goal, outcomes and roles of academia
- Roles and responsibilities of several departments, bodies.
- How can we change nutritional status
- Conceptual base of nutrition and its other areas.
- How to imply the nutrition in school health
- Concept of multi-sector approaches
- Roles and responsibilities of related agencies
- Future plan
- Nutrition as multi-sector approach
- Every sector needs to contribute
- Importance of nutrition and status of Nepal
- Roles of different sectors for improving maternal & child nutritional status in Nepal
- Program focused for 1000 golden days and nutrition in emergency
- Management of nutrition
- Concept of nutrition, situation of nutrition, concept and importance of MSNP,
- Emergency nutrition
- Social Protection Concept, its content specific modalities and local planning process

Annex 4: Photographs





