

**Master Training of Trainers on  
Multi-sector Nutrition Plan (MSNP)  
16-20 June 2017  
Kathmandu, Nepal**

**Brief Training Report**



**National Nutrition and Food Security Secretariat (NNFSS)  
National Planning Commission Secretariat  
Nepal**

## Introduction

Government of Nepal has accelerated the momentum for the implementation of the Multi-sector Nutrition Plan. Capacity Development of the various multi-sector stakeholders is important for effective implementation. Therefore, an event of 4 days Master Training of Trainers (MTOT) on MSNP was organized for the sectors new focal persons and M&E/planning related staff to enhance knowledge and skills on MSNP. The training was organized by National Planning Commission Secretariat (NPCS)/National Nutrition and Food Security Secretariat (NNFSS).

The objectives of the training were:

- Provide basic training on MSNP to the focal persons of the sectoral ministries
- Capacity building of the focal persons of the sectoral ministries for facilitating training and planning sessions on MSNP to be conducted at national, provincial and local level
- Establish a pool of trainers on MSNP

There were 27 participants from sector ministries, departments and development partners in the training. List of participants is given in Annex below.

## Training Proceedings

### Opening session

The opening session was chaired by Prof. Dr. Geeta Bhakta Joshi, Hon'ble Member of NPC. Subsequently, Mr. Khomraj Koirala, Joint Secretary of NPC welcomed the participants and mentioned the objectives of the training. He presented an overview of Multi-sector Nutrition Plan including MSNP framework.

In his opening remarks Prof. Dr. Geeta Bhakta Joshi, Hon'ble Member of NPC highlighted Nepal is one of the pioneer countries for the SUN movement including MSNP. He also laid emphasis on commitments from Government of



Nepal on World Health Assembly 2015, SDG 2030 and LDC graduation. Nutrition is one of the criteria for the LDC graduation; Nepal has given priority for the MSNP. He shared that the government is planning to expand MSNP II in all 744 local bodies and mentioned the content is relevant in current context. He wished for the successful completion of the training.

## Technical Session



The technical session on the first day commenced with a presentation by Mr. Krishna Murari Neupane, NPCS on Multi-sector Approach and Relevance of Different Sectors on MSNP. This was followed by a session on Social Protection by Mr. Sanjay Khanal accompanied by different sessions on basics of food, diet, nutrition; and malnutrition, conceptual framework of malnutrition and life cycle approach of nutrition by Prof. Dr. Madhu Dixit Devkota. Similarly, the next session was on nutrition specific and sensitive interventions by Prof. Dr. Ramesh Kanta Adhikari.

The second day began with presentations from different sectors on key plans and policies strategies, and role of MSNP to improve nutrition and food security status in the country. The following areas/topics were covered:

- MSNP in Health Sector: National nutrition policy, strategy, and gap/challenges, Institutional arrangement in health care system
- MSNP in Women, Children and Social Welfare Sector : National policy and strategy on nutrition sensitive services and the sector's plan and key roles
- MSNP in Agriculture Sector : National policy and strategy on food security and the sector's plan and key roles
- MSNP in Education Sector : Key policy and strategy related to nutrition and the sector's plan and key roles
- MSNP in WASH Sector : National policy and strategy on Nutrition Sensitive Services and sector's plan and key roles
- MSNP in Local Governance Sector: Strategic plan for MNSP implementation at local level and key roles of the sector
- An overview on Global and National Nutrition Initiatives

The technical sessions on day III covered the following areas/topics:

- Planning and Implementation of MSNP including Planning Process in Federal Structure Nutrition Situation Analysis at National and Local Level
- An Introduction to Monitoring & Evaluation System in GoN
- MIS and M&E for MSNP including Concept of MIS and M&E, M&E Framework for MSNP

The technical sessions on day IV covered the following areas/topics:

- Nutrition in Emergencies
- Role of Academia & Civil Society in MSNP: An overview
- Advocacy and Communication Strategy for MSNP: An Overview
- An introduction to Dietary Guideline
- Facilitation Skills

### **Methodology:**

Presentations, lecture, question and answer and group work was the methodology applied in the training.



## Commitment:

At the end of the training, all the participants expressed their commitment to contribute in the effective implementation of the multi-sector nutrition plan (MSNP) at different levels by signing the commitment letter.

### प्रतिबद्धता

२०७४ आषाढ ०६  
काठमाडौं, नेपाल ।

नेपालमा मातृ, शिशु, बालबालिका तथा किशोरीहरूको पोषण स्थितिमा सुधार ल्याउने उद्देश्यले २०६९ सालमा तर्जुमा गरी कार्यान्वयन गरिँदै आएको बहुक्षेत्रीय पोषण योजनालाई अझ बढी प्रभावकारी गराउन योगदान पुऱ्याउने अभिप्रायले नेपाल सरकार, राष्ट्रिय योजना आयोगले २०७४ आषाढ ०२ देखि ६ सम्म काठमाडौंमा आयोजना गरेको बहुक्षेत्रीय पोषण योजनासम्बन्धी प्रमुख प्रशिक्षक प्रशिक्षण कार्यक्रममा विषयगत मन्त्रालय र विकास साझेदारको तर्फबाट सहभागी भई उक्त प्रशिक्षक प्रशिक्षण सफलतापूर्वक हासिल गर्नु। यस प्रशिक्षणबाट हासिल गरेको ज्ञान र सिपलाई बहुक्षेत्रीय पोषण योजना स्थानीय तहमा लागु गर्ने र निरन्तरता दिने सन्दर्भमा राज्यका विभिन्न तहमा आयोजना हुने प्रशिक्षण कार्यक्रममा सहजकर्ताको भूमिका समेत निर्वाह गर्न र बहुक्षेत्रीय पोषण योजना कार्यान्वयनको अनुगमन गर्नमा हामी पूर्णरूपमा प्रतिबद्ध छौं भनी यो सामूहिक प्रतिबद्धता पत्रमा हस्ताक्षर गरेका छौं ।

*(Signatures)*  
*(संलग्न चिन्ता)*  
*Amita Shah*  
*Kanada*  
*Nava Raj*  
*Pragya*  
*Shakya*  
*Sharma*  
*Shrestha*  
*Singh*  
*Tamrak*  
*Thakur*  
*Wang*  
*Yam*

## Evaluation

The training evaluation was done by the participants. According to the responses received from the participants, the training went well as most of the participants rated it as 'good' and 'excellent'.

## Closing session



Prof. Dr. Geeta Bhakta Joshi, Hon. Member, NPC chaired the closing session. Certificates of participation were distributed to all the participants. In his closing remarks he congratulated all the participants and thanked all the resource persons and appreciated the efforts of NPC/NNFSS for organizing this training. He highlighted the importance of this training which was to enhance capacity on nutrition as well as create a pool of trainers on MSNP. He further laid emphasis on the important role of the trainers during the implementation of the MSNP in 744 local bodies in the coming days.



## Certificate Distribution

## **List of Participants**

<b>SN</b>	<b>Name</b>	<b>Designation</b>	<b>Institution</b>	<b>Contact no.</b>
1.	Sushma Kafle	Engineer	MoWSS	9843061982
2.	Meena Thapa	W/W	DWSS	9851176091
3.	Kamal Adhikari	Sociologist	DASS	9851138502
4.	Bhim Bahadur Shakya	Vet. Officer	MoLD	9841214686
5.	Binay Shrestha	Livestock Development Officer	MoLD	9841521961
6.	Santosh Kumar Chaudhary	Agri. Extension Officer	MoAD	9857045029
7.	Sanjay Dhimai	Agriculture Officer	MoAD	9841313634
8.	Mukunda Bhusal	Crop Development Officer	Department of Agriculture	9851164649
9.	Suman Dhital	SFRO	DFTQC	9842055220
10.	Nava Raj Kahtiwada	Under Secretary	MoE	9841532393
11.	Prem Raj Kharel	Under Secretary	MoE	9745018746
12.	Bhim Prasad Sapkota	Public Health Administrator	MoH	9851229591
13.	Pranay Updhaya	Public Health Administrator	MoH	9841057251
14.	Shankar Pandey	Sr. AHW	CHD	9841211284
15.	Harihar Prasad Sharma	Sr. PHO	CHD	9841266321
16.	Dilli Raman Adhikari	Sr. Public Health Administrator	FHD	9841442006
17.	Laxmi Khadka	WDI	MoWCSW	9841406185
18.	Shobha Kharel	WDO	MoWCSW	9841646051
19.	Kamala Dahal	WDO	DWC	9851135715
20.	Kamala Dhakal	A WDO	DWC	9846654519
21.	Jeebnath Adhikari	Research Director	Nepal Economic Forum	9851188055
22.	Yadav KC	IM Officer	Unicef	9802007338
23.	Pragya Rimal	MIYCF Officer	Unicef/CHD	9851100251
24.	Dil Bahadur Khadka	Field Manager	ACF	9801241745
25.	Anita Shah	Sr. Coordinator	Suaahara	9851130302
26.	Rohita Gauchan Thakali	M&E Consultant	NNFSS	986121448
27.	Nirmala Shakya	ICE Officer	HKI	9841404710

## **Resource Persons/Facilitators**

1. Prof. Dr. Geeta Bhakta Joshi, Hon'ble Member, National Planning Commission
2. Prof. Dr. Ramesh Kanta Adhikari, Nutrition Expert, Member of High Level Nutrition and Food Security Steering Committee
3. Prof. Dr. Madhu Dixit Devkota, HoD, Department of Community Medicine and Public Health, Institute of Medicine, and Member of High Level Nutrition and Food Security Steering Committee
4. Prof. Dr. Uma Koirala, Civil Society Alliance for Nutrition and Member of the National Nutrition and Food Security Coordination Committee
5. Mr. Khomraj Koirala, Joint Secretary, Social Development Division, NPC Secretariat, and SUN Country Focal Point
6. Mr. Krishna Murari Neupane, Programme Director, Health and Nutrition Section, NPC Secretariat
7. Mr. Keshav Gautam, Programme Director, M&E Section, National Planning Commission Secretariat
8. Mr. Raj Kumar Pokharel, Chief, Nutrition Section/CHD, DoHS, and SUN Technical Coordinator
9. Mr. Bijaya Raj Subedi, Under Secretary, Ministry of Federal Affair and Local Development
10. Mr. Navaraj Khatiwada, Under Secretary, Ministry of Education
11. Mr. Hari Prasad Timilsina, Senior Divisional Engineer, Ministry of Water Supply and Sanitation
12. Mr. Purna Chandra Wasti, Senior Food Research Officer, Department of Food Technology and Quality Control
13. Mr. Chudamani Aryal, Planning Officer, Nutrition and Health Section, NPC Secretariat
14. Ms. Jyotsna Shrestha, Food Research Officer, Ministry of Agriculture Development
15. Dr. Sudhir Kumar Singh, Sr. Monitoring Officer, MoLD/AFSP
16. Ms. Sabitri Poudel, Section Officer, Department of Women and Children
17. Mr. Sanjay Khanal, Expert on Social Protection
18. Mr. Anirudra Sharma, Nutrition Specialist, UNICEF Nepal Country office
19. Mr. Pradiumna Dahal, Nutrition Specialist, UNICEF Nepal Country Office
20. Mr. Sanjay Rijal, M&E Officer, UNICEF Nepal Country office
21. Dr. Jasmine Shrestha, NHTC
22. Mr. Bishwo Raman Neupane, Sr. Manager- Multi-sector Governance, SUA AHARA II
23. Ms. Savita Malla, Lead and Advocacy and Communication Specialist, National Nutrition and Food Security Secretariat
24. Ms. Manu Panthi, Nutrition Officer, National Nutrition and Food Security Secretariat
25. Mr. Bishnu Prasad Paudel, PPP Coordination Specialist, National Nutrition and Food Security Secretariat

## **Schedule of the training**



Schedule for 4-day  
MTOT on MSNP\_16-2